

AVILA EXAMINER

Volume 6, No. 2

Avila College, Kansas City, MO

October 9, 1990

Avila's Early Heritage

By Candy Brossla and Pam Garrett

Avila College was named for the Spanish birthplace of St. Teresa of Avila, the Catholic church's first woman scholar, who, burning with the spirit of reform within the church itself, revamped her religious community during the 16th century. But what of its history? How and where did Avila begin?

In 1866, five nuns, from the Sisters of St. Joseph of Carondelet, traveled from St. Louis to Kansas City by following the Pacific railway. Kansas City was a post-Civil War boom town at this time. Settling on Quality Hill, they founded a convent school, St. Teresa's Academy, which moved to 56th and Main in 1910, prior to J.C. Nichols development of the Country Club residential district around them.

In 1916, a junior college, the College of St. Teresa, was opened at this site. College requirements at this time included 12 hours of English and history; 8 hours of theology; 3 hours of psychology; 5 hours of physical science, biological science, and math; 8 hours of dramatic arts; and, 2 hours of personal and community hygiene. Sports centered around bowling, bas-

ketball and calisthenics.

1918 - the first graduating class of the College. One of the eight graduates of that class was Miss Margaret O'Reilly, for whom O'Reilly Hall is named. The funds from her estate enabled the acquisition of the 48 acre site where Avila sits today.

1931 - St. Teresa's became affiliated with the St. Joseph School of Nursing.

1940 - the College of St. Teresa became a four-year liberal arts college and won full accreditation from the North Central Association in 1946.

During the 50s something unique occurred at the college; Harold Logsdon became the first male graduate, in 1955. It would not be until the late 60s that Avila would become co-ed.

In preparation for a move to a new campus site, Archbishop John F. Cody headed a debate to change the name of the college, from the College of St. Teresa to what we have come to know, Avila. This change was made in an effort to boost the college which had been cloaked in the shadow of the academy.

Part 1 of 3.



Donnelly Hall, part of The College of St. Teresa.

Photo by Karen Watson

Homecoming Unites Alumni and Students

By Tasha Kovich

Events for the 1990 Avila Homecoming week were both on and off campus the weekend of September 28-30. Both alumni and students participated to make the weekend successful.

On Friday night, there was an Alumni/Faculty reception before the play, "Loot," presented in Goppert Theatre, a whodunit mystery that kept the audience delightfully confused up until the conclusion.

Saturday was jam-packed with fun

and excitement at Avila. A new activity had been suggested by the alumni. Many of the alumni expressed a desire for campus tours because "a lot of them did not attend Avila like it is today," according to Julie Kovich, Alumni Coordinator. Two tours, one in the morning and one in the afternoon were given.

Other activities for Saturday included the alumni choir rehearsal, in preparation for Sunday's mass, led by Sister de LaSalle and Dr. Daniel Larson. The choir was formed in honor of Sister de LaSalle's 45th year of teaching. Dinners honoring the classes of 1940 and 1950, attended by 28 people, were held on campus. There was a dinner for the class of 1965 at the Allis Plaza; 44 people attended.

The Homecoming Dance, sponsored by Student Union Board (SUB), wrapped up the day's entertainment. Alumni and students danced the night away to a video D.J.. The theme of the dance was "Mystic Knights." Many people went to the play on Saturday

and then joined the group at the dance afterwards.

On Sunday morning, the alumni participated in the Homecoming Mass, whether by singing in the choir or by helping with the service. Over 200 alumni attended the brunch after mass. The alumni incorporated business into their dining by voting in the new Alumni Board members. Also, the "Alumna of the Year," Dorothy Whitfield, was honored. In honoring the different classes, the class of 1940 received gold pendants; the class of 1950 received mugs; and, the class of 1965 were given silver crests.

Overall, how did the weekend go? Julie Kovich says, "We had 771 points of contact." By points of contact, she means how many alumni attend each event. For example, if an alumni went to the reception and play Friday night, that would count as two points of contact. From this point of view, 771 points indicate that the weekend was a gigantic success!

Human Sexuality Series Held

By Pat Hill

The Health Services and Student Life Office sponsored a series of discussions on Human Sexuality. This is the first in a number of series given at Avila College. The human sexuality talks spanned the week of September 17-20.

The focus was on providing interesting topics that were both current and of concern for college students. The topics discussed were, communication between sexes, censorship, birth control, date rape, A.I.D.S., sex and religion, and sex on the soaps.

Attendance for most of the talks

was good, except for the censorship discussion which had to compete against the Chiefs on Monday night football; no student showed up for that one.

Carol Frevert, who along with Ron Frigault is in charge of the contemporary issues project, seemed pleased at how well the discussions went for the first series. She stated that "The contemporary issues programs are a fine way for the Avila Community to get current information about important topics."

Students Bridge Cultural Gap

By Cheryl Denslow

Increasing awareness and acceptance of cultural differences is one of the goals of the International Students Club this year according to Weldon Gearhart, faculty advisor for the club.

This was stressed by club president Asa Saligupta when he said that the word "international" in the club's name opens it up to all students - those who come from countries such as Thailand, Taiwan, Bangladesh and Japan, as well as American students.

Meetings provide an opportunity for students from foreign countries to share experiences and provide support for each other. They also provide a unique opportunity for American students who are interested in other cultures to learn first hand from students with different customs.

The International Students Club has met twice this year. The students are working on plans to hold "goodwill" activities which will encourage interaction between foreign students and American students. "Often stu-

dents from other countries will stay to themselves," said Saligupta. This is something he hopes can be changed.

Saligupta, a native of Thailand, has been at Avila for three years. This is his senior year and second year as president of the International Students Club. He has many American friends, but, he admitted, there are still times when he feels "out of place."

Currently there are some 25 students from different countries at Avila. There are nineteen Tiawanese students living on campus. Others live off campus. The reasons students from foreign countries come to Avila are varied, stated Gearhart.

The Intensive Language and Culture Program, now in its second year, may be one attraction to foreign students. The program incorporates English as a Second Language Program. Currently there are one full-time and three part-time instructors in the program.

Human Form Exhibit At Thornhill Gallery

By Terry Zaiss

Richard E. Loftis had his photographs of the human form on display at Avila College from September 12 to October 4 with the assistance of George Chrisman, curator of the Thornhill Art Gallery.

The selection consisted mostly of nude female bodies in black and white triplets. Loftis has worked on this subject for a period of time.

"It is the difference between nude and naked. These are nude not naked people," said Chrisman. "Basically, we are brought up into the puritan input, and that is to conceal and to hide and not to mention we have bodies."

According to Loftis, this just happened to be his choice of vision. He uses male nudes figures also, but Loftis says they just did not fit this selection.

After "Triples" there will be two shows coming to Avila this fall and three shows in the spring, not including the student senior shows each semester. The shows together will be in mixed media.

Students See Doors To Real World

By Rita Dubin

Internships are offered and/or required as a way to correlate information learned in the classroom with actual work settings and situations.

Students earn credit hours for their time in an internship, and some internships pay a salary. After graduation, an internship can also serve a student as work experience on a resume as well as a base for professional contact. For information about a specific internship, call the persons below or your department chairman:

Dept./Contact/Hours

COMMUNICATION: Julie Boardman, M,W - 2-4 p.m. Internship Possibilities: Television, Radio, Print Media, Sports Production/Information, Corporate Communications.

BUSINESS: Rick Parshall, M-F - Afternoon. Internship Possibilities: General Management, Accounting, Human Resource Management, Operations, Finance, Information Systems.

Judy Gibbs, T,Th - 10:45-11:45 a.m., and M,T - 5:30-6 p.m., Legal Assistant.

SOCIAL SCIENCES: Dona Neuman, M,T,W,Th - 9-10:30 a.m. Internship Possibilities: Social Work, Sociology, Public Administration, Political Science.

THEATRE: Buck Baker M-F - 9:00 a.m.-5:00 p.m. Theatre.

OPEN TO ALL MAJORS: David Wissmann, T,Th - 9:30-11:00 a.m. and T,Th - 5-6 p.m., Washington Center.

All departments are invited to submit upcoming internship/workshop information to the Avila Examiner.

Camera Goes Beyond The Classroom

By Lisa Herbert

On Monday, September 24, at 6:00 p.m., Field Photographer Alan Bal of KMBC-TV9 spoke to the Introduction to TV Production class as part of Avila's Beyond the Classroom: The Communication Speakers Series.

Bal moved to KC in 1980 from Florida where he worked as a state trooper. After his roommate got him interested in sports, he became a sports photographer. He worked two years for KSHB-TV41 and is currently in his 10th year at KMBC-TV9.

His past experiences help him to cope with the sometimes graphic scenes he encounters. On the other hand, he is touched as he works with

the children of the Dream Factory.

He emphasized the power of the photographer and how he does final editing before the news is aired.

Bal encouraged students who are interested in the field to get their foot in the door by completing an internship.

Correction

Correction to: Mary Jo McCann: A Woman Pioneer In Accounting

She was also first in the nation to work her way up to become a partner in the Big Eight accounting firms.



The cast of "Loot".

Photo by Darren Bradley

COMMENTS

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A Matter of Fiscal Affairs

By Norman Gerhart, Vice President for Fiscal Affairs

When I came to the Avila campus a few years ago, a few students met with me and raised the question - What do you intend to do with the Bookstore? To my question, what do you mean, the response was - the high prices.

Perhaps these comments will put the operation of the bookstore in perspective. By comparing the small amount of any particular item that the Bookstore stocks on its shelves versus the volume of merchandise needed by Sam Walton to stock Walmart, an important factor is established, and that is quantity. Estimated volume of sales is a prime factor used by a purchasing agent to get the lowest purchase price of an item from the supplying vendor. In turn, the purchase price has a direct effect on the selling price. Thus, Walmart can sell a pen or notebook for a much lower price than can Avila.

With regard to books, publishers set the purchase price, and volume has nothing to do with the situation. To help students, we look for used books of the proper edition so that both new and used are available at different price levels.

In any business, the mark up on the items sold must cover the cost of the merchandise, salary and benefits, and other operating costs such as telephone, printing, utilities, rent, insurance, etc., as well as profit. The Avila store omits the profit part of the mark up in its operation. The excess of income over out-of-pocket expenses is used to cover the normal cost of rent, utilities and other overhead expenses which are not charged directly to the store. These dollars stay within the College operating budget and thus provide support to other departments which have expenses.

Stop in and visit with Sister Elaine, June, or Jo and check out these services:

- The lower selling prices on supply items, implemented last January. (Obviously we cannot compete with Walmart.)
- Film developing - when brought in the morning will be back within four or five business days.
- Postage stamps are sold for your convenience.
- Kansas City Star is available (New this year.)
- Special ordering can be done not only on books but other items as well.
- Class rings may be ordered throughout the year.
- Book buy back is done any time the store is open.

Part of the funds generated from "AVILA 2000" will be used to renovate a section of another building to provide a more spacious store with a pleasant business-like atmosphere. All of us look forward to moving to a new Bookstore location and serving you there.



Employment

Addressers wanted immediately! No experience necessary. Excellent pay! Work at home. Call toll-free: 1-800-395-3283.

Why Give Blood On October 9?

It's Biodegradable!
Marian Centre Lounge
12:00 Noon - 5:00 p.m.

Thornhill Art Gallery • Oct. 10 - Nov. 2
Mutual Influences/Parallel Paths
Barbara Jarvis - Pastels and Mixed Media
Joyce Harlow - Pastels
Reception Oct. 12, 7-8:30 p.m.

SUB

presents

The Hunt For Red October
Marian Lounge October 7
Time - TBA

Seniors Surveyed On Career Needs

As of August, 1990, graduating seniors began to complete a Senior Follow-Up Survey as they filed their graduation application. December grads should have received their forms by mail. This survey is being conducted by the Career Development and Placement Office in cooperation with Avila's Registrar, Toni Bink. Information gathered will help staff to track Avila seniors better and to respond more appropriately to their career-related needs.

Workshops will focus on Resume Writing, Job Search Process, Interviewing Skill and Dress for Success. This spring, a Mock Interview program will be scheduled, offering students the opportunity to practice their skills through simulated interviews in preparation for their job search.

Students seeking assistance with the placement process are invited to call or visit with Gina Frigault (lower Blasco, ext. 266) regarding participation in a new resume referral program.

Avila's Rich Heritage Explored

The Avila Connection: A Woman for All Seasons

Dear Member of the Avila Community,

Have you ever wondered how and why Avila got its name? The original name of Avila College was "The College of St. Teresa." Because the Catholic Church honors two saints with similar names, the custom has been to distinguish them by adding the city in which they were born. Thus, there is St. Teresa of Avila (Spain) and St. Therese of Lisieux (France). When the College of St. Teresa (1916-1963) moved from the grounds on 56th and Main on which was also located St. Teresa Academy, the decision was made, again, to avoid confusion with St. Teresa Academy, simply to retain the name of the city renowned because of St. Teresa. Consequently, "The College of St. Teresa" (of Avila) became known as "Avila College" (1963-present). There was a strong desire on the part of the Sisters to keep the college under the patronage of St. Teresa because she was a woman of great wisdom, courage, and holiness, "A Woman for All Seasons".

Wisdom. Teresa (1515-82) was graced by God with profound spiritual experiences of visions and voices. These experiences changed her. She knew with certainty three important truths: 1) her identity, and that of all women, was in the image of God and not simply a 'defective male', the teaching of scholastic philosophers; 2) her relationship with God was one of friendship and deepening intimacy and not simply one of subservience, the prevalent religious teaching; 3) her life-giving force, her source of generativity, was love not fear, the predominant mood of the day. This gift of wisdom Teresa lived. This gift of wisdom Teresa gave away through her writings: Life, The Way of Perfection and The Interior Castle. Teresa was named a "Doctor of the Catholic Church", a title bestowed on few, and only on two women. The title recognizes the wisdom and truth of her teachings on prayer and the spiritual life.

Courage. Teresa was a woman of courage. She lived during the dark days of the Spanish Inquisition when spiritual experiences were suspect and spiritual writing scrutinized. Teresa was cautioned by her confessors to be careful in her writings so as not to be condemned and punished accordingly. Although breaking ground regarding the steps and stages of prayer, she, nevertheless, courageously wrote of her experience and insights. Teresa also demonstrated courage in reforming her community. Although facing resistance regarding the changes in prayer and life style, she, nevertheless, courageously persisted and ultimately succeeded. Finally, Teresa manifested her courage when she established new foundations. Although knowing the risks, she started more than fifteen new houses of Carmelite nuns. Neither the opposition from within (her sisters) nor the opposition from without (the Church and the world) caused Teresa to waiver. Teresa was a woman of courage.

Holiness. Holiness is measured by love of God and love of others. To be holy, both are required. Teresa was holy. Teresa's prayer, in which she experienced loving union with God, flowed into her life of loving service to others. Teresa lived her prayer; her prayer was effective. She excelled in love of God and love of others. She was a contemplative in action. Her holiness, as her wisdom, was recognized by the Catholic Church when it bestowed on her the title "Saint".

Are you impressed with this Avila Connection: A Woman for All Seasons? If you are desirous of wisdom, courage, and holiness, then you may want to take to heart Teresa's motto:

Let nothing disturb you.
Let nothing frighten you.
All things are passing;
God only is changeless.
Patience gains all things.
Who has God wants nothing.
God alone suffices.

Lovingly,
Ruth Stuckel, C.S.J.

Employer Fair At UMKC

The Employer Fair is coming to UMKC Wednesday, October 24. Sponsored by eight Kansas City area colleges, including Avila, the Fair will be held 10:00 a.m. to 3:00 p.m. in the University Center, Pierson Hall, at 50th and Rockhill. Admission and parking are free.

Employers from more than 80 firms will participate, along with 15 graduate schools. While employers do not typically conduct job interviews at this event, they do provide valuable career information. Through their attendance, business representatives provide an opportunity for students to make contacts with potential employers as they begin or continue their career planning or job search. Those considering graduate school will have a chance to meet with representatives from a variety of graduate programs around town. In addition, participants will be encouraged to attend one of four workshops on "How to Market Yourself" which are scheduled throughout the day.

Take advantage of this event! Come and explore employment opportunities. Plan ahead! Prepare your resume now!

Remember: while you may not expect to interview, you will make an impression on potential employers. Make your first impression positive! Arrive professionally dressed with several good quality copies of your resume.

Brochures, including further details and a listing of confirmed participants, will be available through the Career Development and Placement Office in lower Blasco after October 10.

Career Day '90

Presented by the

Advertising Club of Kansas City & the Kansas City Media Professionals.

Thursday, October 18

7:30 a.m. - 3:30 p.m.

Penn Valley Community College

3201 Southwest Trafficway, Kansas City, MO

For more information, call 822-0300

October 9

Roadway Packaging Systems will recruit Avila students for employment - Marian Centre foyer, 11:00 a.m.-1:00 p.m. (outside Snack Bar). This date is rescheduled from October 2, 1990.

October 15

"Career Connections," the second issue of the newsletter produced for Avila students by the Career Development and Placement Office, will be available October 15. This practical publication will focus on careers, networking, employment opportunities, career fairs and skills workshops in an effort to better inform Avila students of options available to them. Copies will be distributed to resident students and will be available in O'Reilly, Marian Centre, Borserine and Human Resource Centre in lower Blasco.

- Advising/Registration begins October 22 for Spring 1991.
- Last day for filing applications for degrees for May 1991, October 5.
- Last day to drop 15-week classes, October 26.

President Kramer is happy to announce that the new College nickname/mascot is the "Avila Eagles."

A.M.A. News

The first meeting of the Avila Chapter of the American Marketing Association was held on September 26. Mr. James Coyle, Executive Vice President of Marketing Management International, was guest speaker. Coyle discussed the opportunities that AMA represents for those individuals who actively participate in the organization. In addition to opportunities of being a member of AMA, Coyle stressed the importance of balance between work, school and social responsibilities.

The next meeting of the Avila Chapter of AMA will be Tuesday, October 30, at 12 noon in the Barefoot Room, guest speaker to be announced. Everyone is invited to attend, bring a lunch and enjoy cider and donuts in celebration of Halloween.

A very special thanks to all those people who made our bake sale a huge success!

Short on Funds?

In addition to part-time jobs sent in from area employers, parents from the surrounding community call regularly for babysitters and tutors. This is a great way to earn some spending money!

Go to the Human Resource Centre in lower Blasco to complete an index card to place on file.

You can profit while providing a valuable service to the surrounding community!

Avila College Intramurals presents:

WINTER PARK, COLORADO!

4 nights/3 days skiing!
Round-trip via charter bus!
Souvenir t-shirt!
On-the-mountain picnic!

1st Payment due by Oct. 10
Cost dependent on participation
(under \$250.00)

For more information contact:
Micki or Amy in Ridgway or
Jeff Fox in Residence Life Office

Beyond the Classroom: Communication Speakers Series, Fall 1990

OCTOBER 17
11:00-12 noon Barry Garron, Media Critic, Kansas City Star, 423 BOR.

Classified

Find your part-time job through Avila's Career Development & Placement Office in lower Blasco Hall.

Over 700 part-time opportunities have been posted since January 1. Some employers even offer tuition assistance!

BOBBY WITCHER FIELD TRIP OSAGE PRAIRIE

Who: Anyone foolish enough to want to go.
When: September 21-23. Departure (from Avila): - 3 p.m. Friday; return (to Avila): early evening Sunday.

Where: Osage Prairie Natural Area - Vernon County, MO.

Cost: NO CHARGE, but everyone will need to bring enough cash for food, plus any desired munchies and beverages (we will eat along the way at appropriate Witcher eateries).

For information,
contact Bob Powell-Biology Dept.

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Opinions expressed in the Avila Examiner do not necessarily represent the official position of Avila College but rather that of the Editorial Staff. For more information, contact Larry White, Advisor, Avila Examiner, c/o Humanities Department, Avila College, 11901 Wornall Road, Kansas City, Missouri 64145 or call (816) 942-8400, ext. 289.

Examiner Schedule

Deadlines	Publication Dates
Oct. 11	Oct. 23
Oct. 25	Nov. 6
Nov. 8	Nov. 20
Nov. 29	Dec. 11
Jan. 31	Feb. 12

Editorial Policy

The Avila Examiner welcomes Letters to the Editor. All letters must include the writer's signature and contact telephone number. The telephone number will not be published. All letters will be verified before publication and are subject to editing for length and clarity. Letters must be typewritten, double-spaced and no longer than 250 words.

Please direct your letters to: Editor, Avila Examiner, c/o Humanities Department, Avila College, 11901 Wornall Road, Kansas City, Missouri 64145.

The Alarm Clock Beckons

By Lisa Levine
Feature Editor

I have to trick myself into waking up in the mornings, not an easy process to tackle.

You probably would assume that the mind is not "on the ball" when it wakes up. This is not true. My mind is more cunning and devious when half asleep than at any other time of the day.

For instance, suppose I want to wake up at 6:30 a.m. and go run around the block a few times, take a shower, read the newspaper and leave for school by 8:00 a.m.

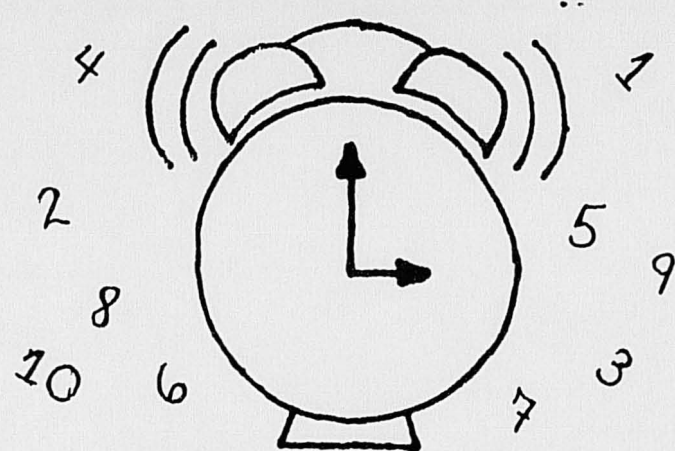
Doesn't sound bad does it? That's because you might be one of those people for whom waking up is a great pleasure. Maybe you dream about the delight of waking up to an alarm clock ringing in your ear.

Rather than a dream, my morning is a nightmare. I have to tell my mom to wake me at 6:00 a.m. I also have to trick myself into thinking that I still have another half hour of sleep.

Sounds easy, right? Let's look at how it works in real life:

6:00 a.m. - If I'm not mistaken, mom woke me, but I don't remember.

6:08 a.m. - I hear mom yell from the doorway, "Are you up yet?" I mumble something back.



6:16 a.m. - A repeat of 6:08 a.m. The tone of her voice... sounds like she's a little frustrated. So I wave at her, and she replies, "No, don't wave at me, get out of bed." Then she turns and walks away.

6:24 a.m. - Mom is not happy with me at this precise moment. She is probably wondering if I'm ever going to get out of bed.

6:32 a.m. - Mom comes in and stands over me to see if my eyes are open. With one squinted eyelid, I look at her as if to say, "I'm awake... now go away." I glance at my clock. I'm two minutes late already, so I'll make it an even 10.

6:40 a.m. - No doubt about it, it's definitely too late to run around the block. Maybe mom won't notice I'm still in bed.

6:57 a.m. - I'm vaguely awake and expect mom to come back at any moment. Right... now!

Right... amazing. She didn't come, and I drift back to sleep. 7:22 a.m. - My bedroom is brighter and warmer. I feel ready to start the day.

Then I realized mom decided to give up. I bolt upright, feeling as though tarantulas are crawling up my spine. I leap across the room, glaring at the clock, its red number burning into my soul the fact that I have blown it. I'm history!

Later... Believe it or not, I made it to school on time. My shirt isn't ironed, and I didn't have anything for breakfast. I've forgotten my notebook for class, but I'll borrow some paper from the person sitting next to me.

Tomorrow this isn't going to happen. I've already planned it out. I'll ask my mom to wake me up 30 minutes earlier. If that doesn't work, I can always hook my alarm clock up to my stereo speakers, which I'll set on either side of my pillow.

Watts Mill Grinds Out History

By Luci Hott

In Dallas, Missouri, John and George Fitzhugh purchased land from the government and built a saw mill and trading post in a wooded area. Through this area passed thousands of settlers who became part of the wagon trains which followed the westward trails.

The saw mill was converted to a grist mill to produce flour and meal for settlers, soldiers and Indians. The exterior of the mill was covered with hand-split shingles made of oak, walnut and hickory. The flooring was white oak planks held together with hickory pegs instead of nails. The hinges on the doors were wooden, as were the cogs in the grinding stone. A canal 300 feet long, six feet wide and five feet deep was constructed to divert water from the nearby creek to use as operating power.

Ownership of the mill changed several times until it was purchased by Anthony Banaugh Watts. He was married to Sally Dodson, one of Daniel Boone's granddaughters. He

improved the mill until it could grind out three barrels of flour and two barrels of corn in an hour. Payment to the miller usually consisted of receiving one-fifth of the grist. When dry weather came, and little water flowed in the creek, the mill shut down.

Upon Anthony's death, the mill operation passed to his son Stebbins, and eventually to Stebbins' son Edgar. Edgar was the last Watts family member to operate the mill. For nearly 100 years, the mill served the economic and social needs of its community.

Today, all that remains of the mill are a few remnants of the foundation, one millstone and the creek with its falls.

Although the Watts family and their mill are no longer a physical presence in the area, today's merchants continue to carry on that tradition of serving the economic and social needs of a community, and by doing so are contributing to their own place in Missouri's history.

Huzzah for The Renaissance Festival

By Jacelyn Justeen-Winsor

Huzzah! Huzzah! The Renaissance Festival, which is sponsored by the Kansas City Art Institute, presents a wide variety of cultural attractions.

Located near I-70 and the Bonner Springs exit, the Festival is adjacent to the Agricultural Hall of Fame. The Festival will continue every weekend through October 14th.

Presented in a 16th-century setting, the Festival introduces the public to a multitude of entertainment. Featured are more than 150 handmade crafts with scheduled demonstrations

by their creators. Performers will treat you to over 30 different productions including magic shows, musicals, plays and even jousting. Feast on a wide variety of foods from turkey drumsticks to cinnamon crunch almonds.

This spectacular event only happens once a year. Don't miss out on the fun. Tickets are regularly \$9.95; get a \$1.20 discount with your student pass. And don't forget to ask where the privies are?

Fast Food Escape to Patricios

By Lisa Levine and Tasha Kovich

Welcome to the wonderful world of food! Today's guest is Patricios, which specializes in Mexican and American food. The red interior darkens the room which hints of ancient Spain. Service with a smile is in short supply.

The meal begins with a basket of complimentary chips and your choice of hot or mild sauce. The menu itself includes appetizers, salads and en-

treas ranging from two to thirteen dollars. Although there is a wide variety to choose from, tacos are your safest bet.

Overall we give this restaurant a "C" grade. So the next time you're in the mood for tacos, try Patricios, located at 9849 Holmes. Hours: Sunday-Thursday 11 a.m.-10 p.m.; Friday and Saturday 11 a.m.-11 p.m.

Fitastic Kids are Getting Fit

By Kate Higgins

The group of healthy youngsters ran into the house after school and changed into play clothes. Their mother expected them to hop on their bikes or organize a game of soccer in the backyard. Instead, the youth of the 90s kicked back in front of the Nintendo for a stressful game of Super Mario III.

Studies show children's normal activities do not provide adequate cardiovascular stimulation or physical coordination to ensure their physical well-being. To counter unhealthy children, Pam Leiweke created the Fitastic Kids, Inc. program. Fitastic Kids, originated in Kansas City, Missouri, in 1985. The program is basically "kid aerobics" with an emphasis on fitness knowledge and habits.

The lessons are based on the coordination level of the different age groups. Classes are divided by age into 3-4, 5-6 and 7-8. The thirty-minute lesson begins with a ten-minute instructional segment about various body regions. For example, the children will learn the location and parts of the heart. According to Teresa Barr, a Fitastic Kids aerobics instructor, lessons are taught with visual aids. She stated, "The kids find their heart and place a sticker in the correct location. The veins are described as little highways which carry their blood. I use a straw as a visual aid." In future classes, they will learn about muscles

and bones.

Next, the children begin to stretch with a Mousercise tape blaring in the background. Barr stated that, "Kids like the routine of the tapes. I have them make a rainbow with their bodies in order to stretch both sides." After five minutes of stretching, the kids advance their heart rate by jumping through hula-hoops, chasing after bouncing balls, responding to activity flash cards, acting like favorite animals or running with streamers.

Teresa described one aerobic game. "I have the kids get in a circle around me and we play the state game. They tell me that we are in Missouri, and then we act out activities that can be done in Missouri. We pretend that we are swimming or waterskiing at the lake or we go fishing with pretend poles."

In the strengthening section, the kids do modified sit-ups and push-ups or squeeze a Nerf ball to build their arm muscles. Then the kids stretch and cool down. Finally, the half-hour work out is completed and the instructor reviews the lesson. The kids rediscover their heart and receive a positive sticker for their hard work.

The Fitastic Kids, Inc. program is held for 4 weeks/8 classes; the cost is \$22.00. If your child is interested, please contact your child-care center. For more information, call Angela Tosti at (816) 753-7717.



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Kansas City's Own Treasure - The Nelson-Atkins

By Ann Domjan

The Nelson-Atkins Museum of Art has stood as a proud landmark and jewel in the crown of Kansas City since its opening in 1933. The recent re-landscaping of the front lawn and the addition of the Henry Moore Sculpture Garden has created renewed interest at the museum.

For a minimal fee, one enters the marble columned foyer known as Kirkwood Hall. Doorways open to tapestried halls which lead inward to extensive art and antique collections representing all areas and periods of expression.

The Renaissance style courtyard offers an ambiance of romance. Light floods the area through the high window ceiling. Ficus trees surround the airy courtyard, providing a feeling of outdoors. A fountain, which springs from an ancient Roman basin, graces the center.

Visitors might find a treasure while they eat and linger at the gallery. Rozzelle Courtyard, just off Kirkwood

Hall has been converted to a restaurant. The art lover might find the food to be as much a masterpiece as the priceless art collections themselves.

The restaurant's small but exquisite luncheon buffet offers contemporary and traditional items, served in an elegant, yet casual, atmosphere.

Featured are foods of the world, such as exotic salads, hearty soups and chowders, entrees from around the world, fresh breads and lavosh. Choice wines and mineral water quench the

thirst. European tortes and pastries with fine coffee top off the surprisingly inexpensive fare.

The only thing missing, perhaps, is a small chamber orchestra, discreetly tucked under a colonnade, to play Chopin as the diner blissfully sips a glass of wine.

The Rozzelle Court Restaurant is a place to lull away an afternoon in the company of a significant other.

It is a place to be, a place to dream, a place to raise one's spirit.



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A Challenge to the Students Sports Editorial

By Derek Moorhead, Sports Editor

On the eve of a new semester, I sat to reflect upon the upcoming athletic year. There are new players and coaches. There are familiar faces and the same problems as last year. Now, I'm not talking about quality of play or a win-loss record, but attendance.

With over 1,500 students on this campus during the week, attendance reflect about three percent of that number. Some sports are more successful than others. The leader is soccer; but I don't have much faith in that fact, since the games are purposely scheduled around classes during the afternoons. Yet, soccer has an average attendance level.

A good example of poor attendance happened at a softball game last year. My girlfriend and I sat and watched an exciting game alone, with the only other people in the stand rooting for the other team. Six Avila students did show up by the third inning, but we were still short of the visitor's attendance. It's disappointing to think that students don't take the time to find out where their home field is located.

A surprising point to consider is the attendance of function by the faculty and staff. Consistently, throughout the school year, faculty and staff members make up a large percent of participants. This is a group of individuals who receive no compensation or reward, but still find the time to attend. It's a sad sight to witness employees of Avila having a greater pride in Avila activities than the students.

I issue a challenge to all Avila students. The challenge is to attend functions here at school. This not an

empty challenge, because I don't believe many students will attend many functions. A full-time work and school schedule will not prevent me from attending what I can.

So far, I have attended five games and two organizational events. If you are going to top me, you better get going.

This article is not written to offend anyone. The students that do go to the games are also the same people who are in every club or group on campus. This article stabs at the hypocrite. Last year, I constantly amused myself by listening to other's conversations. The individuals who would cut down the sports teams are the same people who never attended a game. I know this is typical of armchair quarterbacks; but being at the college level and friends with the athletes, makes this occurrence insulting. If this school is lucky, the hypocrites will graduate within the next four years and interested, enthusiastic people will rise to the top.

Something that keeps sticking in the back of my mind is the feelings of the athletes. Players spend hours training for the season, play at their home fields with a pathetic turnout, and then listen to verbal abuse by the people who were not at the game. As a former football player, I busted my tail all year for myself and my school, and I hated listening to insults about my performance from people who had not even seen me play.

A good philosophy to remember is to criticize what you do. If you train and prepare for a sport as long as these players, then you can gripe; but until then, don't cast any stones.

Volleyball Controls Opponents

By Tasha Kovich

So far this season, the Avalanche women's volleyball team has been busy. Overall, their record is 13 wins and 6 losses. They have not lost a regular season game yet!

On September 9, they played against St. Mary's and Central Methodist, winning both. The Avalanche was victorious over Evangel and Lindenwood in the College of the Ozarks Tournament on September 7-8, but lost to Drury, John Brown University, and the College of the Ozarks. UMKC was run into the ground by the Avalanche on September 11. The team went 2-3 in the Avila Tournament on September 14-15, losing to William Woods, St. Mary of the Plains, and Ottawa University. They did, however, beat Bethel and William Jewell. On September 18, Avila tromped on both Tarko and Dana College. Two more wins were racked up September 20, against Benedictine and William

Jewell. Westminster and Park College were worse for wear when our team finished with them on September 25.

The senior volleyball players are Tina Caldwell, Stephanie Cucar and Keri Kluter. Juniors include Virginia Lewis and Therese Piper. Sophomores are Fay Dravenstott, Vivian Grover and Kim Lanning. Freshmen are Nancy Alexander, Katie Cornish, Christine Gravino, Amy Meiners and Brenda Schoonover. Their head coach is Joan Ice.

The Avalanche will play in the Westminster Tournament October 12-13. Missouri Valley and Brown Mackie are on slate for October 16. The team will be attending the Concordia Tournament October 19-20. On October 23, the Avalanche will again play William Woods.

It looks like "so far, so good!" for the Avila Avalanche women's volleyball team this year.



Craig Wania takes control against Rockhurst.

Photo by Karen Watson

Soccer Update

By Chris Koettker

Sunday, September 9

The Avila College Soccer Team hosted an afternoon game against McKendree. The game ended in a 2-0 loss. Halfback Jeff Lamberti said, "We played solid 'D,' but we couldn't find the back of the net."

Saturday, September 15

Again the Avila Soccer Team hosted a 2:00 p.m. game against the nationally ranked Benedictine Soccer Team. This time Avila got even by winning 2-1 (Mike Maupin, Craig Wania). Sweeper halfback Craig Wania said, "It was the best game of the year."

Wednesday, September 19

Avila finished its four-game stand by defeating William Jewell 2-1 (Mike Maupin, Charlie Kieper). Dean Pare, wing-back, commented, "Jewell is much improved. We'll take it! It's a win!"

Sunday, September 23

Sunday afternoon, Avila traveled to Rockhurst in an attempt to beat the nationally ranked Hawks. The outcome was not as expected. Avila lost 6-0. Tom Tish, striker, replied, "We didn't play our game. To sum it all up, it was inexperience against experience."

Avila College 1990 Soccer Schedule				Avila College 1990 Volleyball Schedule			
Date/Day	Opponent	Place	Time	Date/Day	Opponent	Place	Time
Oct. 10/Wed	Mo. Southern St.	Home	4 p.m.	Oct. 9/Tues	St. Mary's	Away	6 p.m.
Oct. 13/Sat	John Brown Univ.	Home	2 p.m.	Oct. 12-13/Fri-Sat	Westminster Tournament	Away	TBA
Oct. 17/Wed	Park	Away	3 p.m.	Oct. 16/Tues	MO Valley & Brown Mackie	Home	6 p.m.
Oct. 20/Sat	Harris Stowe	Home	2 p.m.	Oct. 19-20/Fri-Sat	Concordia Tournament	Away	TBA
Oct. 21/Sun	Culver-Stockton	Home	2 p.m.	Oct. 23/Tues	William Woods	Away	6 p.m.

Avila Belongs To Intercollegiate Association

By Chris Pickett

A common question Avila athletes are asked from time to time is, "Are you guys able to make the NCAA playoffs?" The reply, usually with a snicker, is no.

Avila, along with more than 200 other small schools, is a member of the National Association of Intercollegiate Athletics (NAIA). The Kansas City, Missouri, based association gives small institutions the opportunity to compete on the collegiate level.

In Missouri, there are 18 NAIA schools that make up District 16. The top eight teams go to the District playoffs, and the winner goes on to the National Tournament. The tournament is held in different sites for different sports. For example, the men's basketball tournament is held at Kansas City's Kemper Arena.

Avila's opponents do not always come from District 16. Avila can play anyone they can schedule, but the bulk of the teams are from District 16 and District 17 (Kansas). Some NCAA teams have been opponents for Avila throughout the years. Soccer has played UMKC, Southwest Missouri State and Drake. Volleyball plays UMKC every year, and the men's basketball has challenged Central Missouri State in the past.

So, when you are watching the NCAA teams like Missouri-Kansas go at it, do not feel bad about Avila not getting that kind of publicity. Remember, you can see a lot of action right here on campus.

Avila Will Receive New Athletic Fields Soon

By Jim Huber

The Avila athletic program has embarked on a bright future. This has become a reality with the generosity and help of Tom Zarda. Zarda has donated his money and time to assist in helping the process of building a structured sports complex on Avila's campus.

The sports complex, which began earlier this fall, is being constructed on the south side of campus, right behind the Whitfield building where the soccer team plays its home games. It will include three things: baseball

field, softball field, and soccer field. No completion date has been set on the extraordinary sports complex because all of the time and money is being donated.

The soccer field will consist of a portion of the baseball and softball outfields. In this case, they are going to use portable fencing. The dugouts will be above ground for baseball and softball. The seating arrangements for the complex will be huge, cement steps that will have grass in between. The sports complex fields will contain

a sprinkler system for the grass.

The building of the complex has delighted a lot of the athletes. Jerry Rhurbart remarked, "It is exciting to have a field on campus. This will hopefully bring more fan support and, of course, it will be convenient to have a field close to the campus."

In addition to the construction of the complex, there is construction going on for practice fields for each sport on the west side of the gym. These fields will also be used for intramural sports.

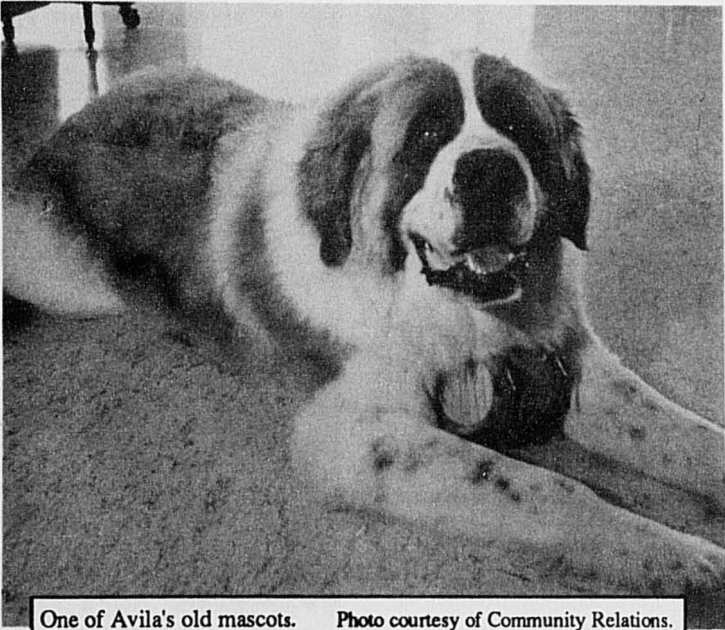
Mark Tobin, Athletic Director, feels that the sports complex is going to be a first-class operation. He is excited to have this quality facility that will bring all the sports on campus.

The Avila soccer team, because of construction, will be forced to play the remainder of its schedule at Jackson County Park District Soccer Complex, located at 122nd and Blue River Parkway (approximately 3 miles from campus).

Avila athletics are getting an enormous boost from the sports complex. This is a big stepping stone on the way to a winning tradition.

Correction

Correction to: Fall Soccer Season Kicks In,
Charlie Keiper was the third scorer against Kansas Newman on August 29.



One of Avila's old mascots. Photo courtesy of Community Relations.

Avila Eagle Soars As New Mascot

By Jane Malone

Well, good-bye Avila Avalanche, and hello Avila Eagles! Yes, the votes are in and the Eagles are Avila's new, official mascot. Despite other interesting suggestions such as keeping the Avalanche, or adopting the Aviligators or Express, the Eagle has prevailed.

How has the Avila community reacted to this news? Darrah McHenry, an Avila senior, says, "I'm just glad to be a part of Avila College -- no matter what our mascot is. The eagle is a wonderful mascot. It shows that our spirit is soaring ever higher."

Jo Pavich, Purchasing Agent and Bookstore Manager, liked the eagle. "I think we will do very well with it,"

she says.

A few people have expressed that they had hoped the Aviligators or Express had been chosen, but, overall, the Avila community seems to have welcomed and accepted its new mascot.

"Hopefully, the new mascot will enhance school spirit and enhance the community's awareness of Avila College," responds Patrick Wood, when asked what a new mascot could do for Avila. "Hopefully, the Avila community will be proud of its new symbol. Hopefully, our school spirit will be as strong as our eagle, which we have chosen to represent us in our value and our ideals."